

Amanda Burden, B.A., (she/hers) is a passionate NYC-based anti-oppression advocate, power-based personal violence primary preventionist and community organizer. She received her Bachelor's Degree in Psychology from the University of Michigan with an initial focus on advocacy for older adults, studying late life depression via a pilot award from the United States National Institute on Mental Health. This was immediately followed by a five year stint in Japan, during which Burden served as a youth educator, peer supervisor, phone crisis counselor and technical trainer. Upon return to the USA, Burden managed a Mount Sinai Health Systems-based NIH-funded research center focusing on aging, neurodegeneration and mental health, during which time she also joined New York City's Mount Sinai Sexual Assault & Violence Intervention (SAVI) Program as a New York State Department of Health-certified confidential patient advocate. After a brief stint supporting community and C-suite level constituent managers at the World Economic Forum, Burden was invited back to Mount Sinai to head SAVI's training & education outreach team where she directs programming, community management and material development to provide outreach and workshops to the Queens- and Manhattan-based communities within SAVI's grant-funded catchments. Burden is a regular panelist on topics such as sexual violence, bystander intervention, intimate partner violence, trauma-informed emotional support, and has served as a guest lecturer at higher education institutions such as the Mount Sinai Icahn School of Medicine and the American Academy McAllister Institute. Burden also collaborates with peer activists to produce social-justice based programming to cultivate community values of inclusiveness, compassion and accountability in the Brooklyn-based independent music communities.